



Report

on

**FIT INDIA MOVEMENT AT PATHARKANDI
COLLEGE CAMPUS
HELD ON
03 FEB. 2020**

Patharkandi college
Dist. Karimganj-788724
Assam, India

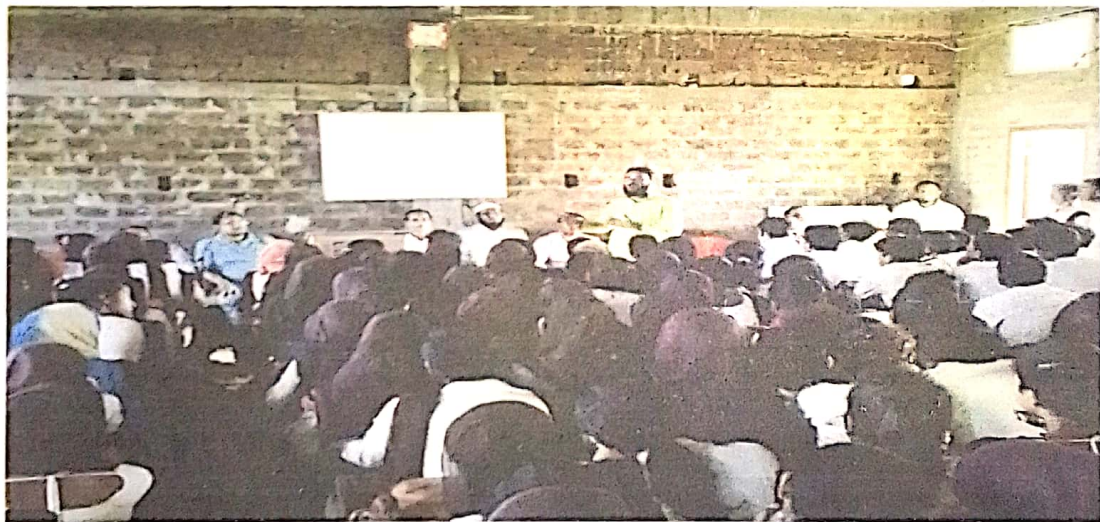
In order to incorporate fitness into every aspect of our everyday life, the Honourable Prime Minister inaugurated the FIT INDIA Movement on August 29, 2019. The Movement's goal is to influence people's behaviours and encourage them to live more physically active lifestyles. Fit India proposes to launch numerous projects and hold events to accomplish the following goals as part of its mission:

1. To promote fitness as easy, fun and free.
2. To spread awareness on fitness and various physical activities that promote fitness through focused campaigns.
3. To encourage indigenous sports.
4. To make fitness reach every school, college/university, panchayat/village, etc.
5. To create a platform for citizens of India to share information, drive awareness and encourage sharing of personal fitness stories.

Keeping the above facts & circumstances, Patharkandi College organised the programme on fit India movement on August 29,2019 at 11.00 am. Cycle rally & morning walk were the part of Fit India Movement.

GLIMPSE OF FEW MOMENTS OF THE EVENTS

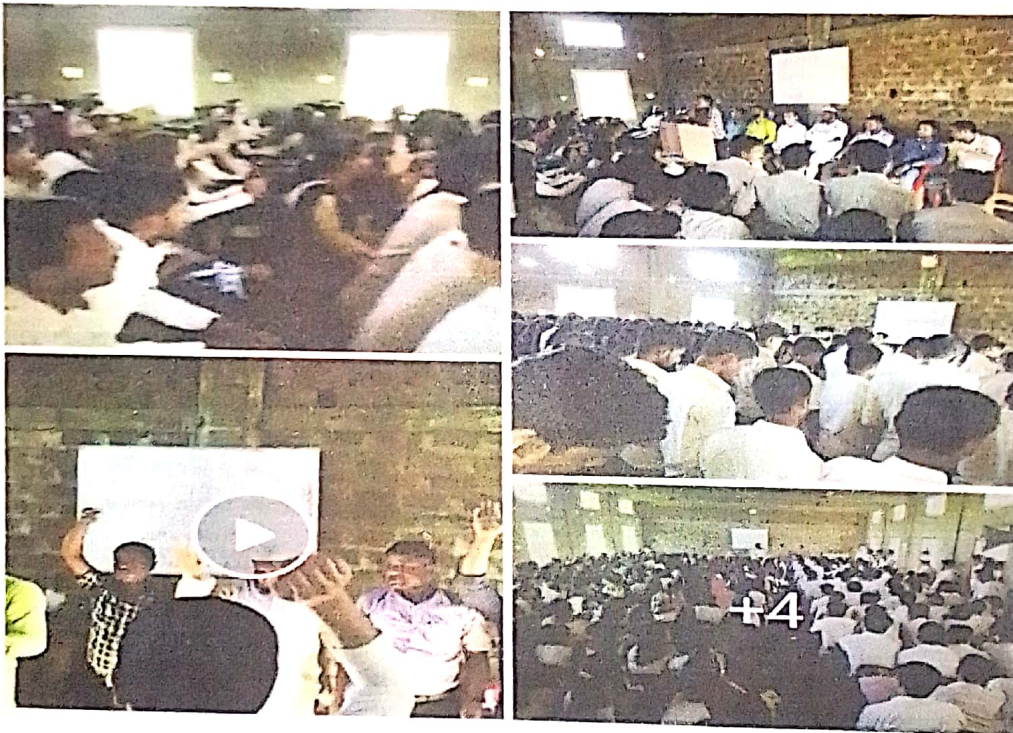






Ansari Imam ▶ Monjurul Haque
29 Aug 2019 · 👤

Some moments of Fit India Movement, org. By N.S.S. Patharkandi College, Dist. Karimganj (Assam)



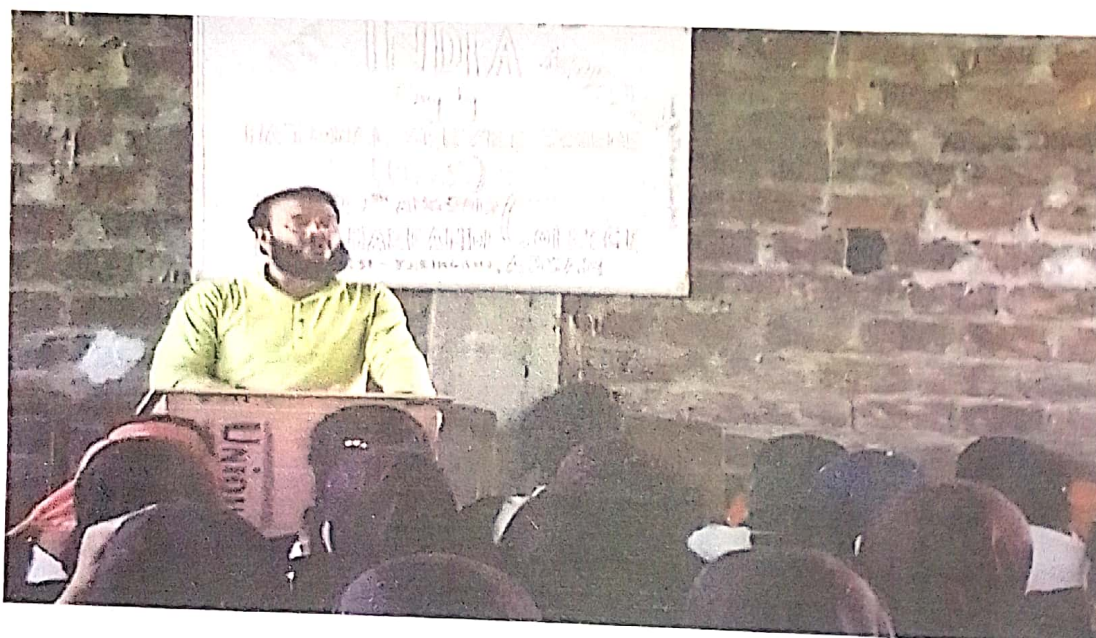
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Fit India Movement org by N.S.S, Patharkandi College Dist Karimgani (Assam)





Imam 04/02/2020

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Compiled by-

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